

PEACE OF MIND

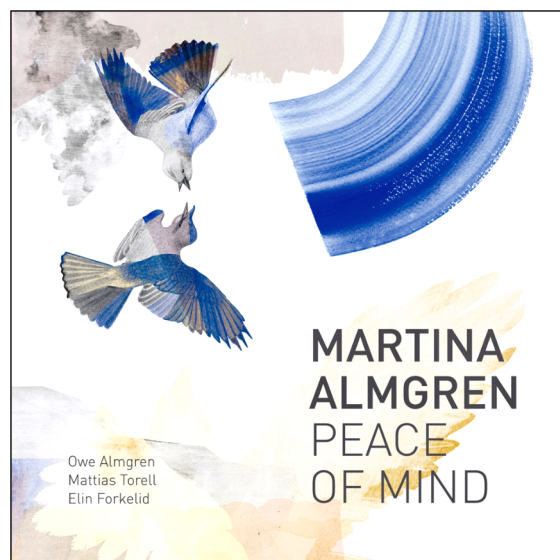
*A meeting between earthy grooves
and ethereal tunes*

The Swedish drummer and composer Martina Almgren has created her second solo album, **PEACE OF MIND**. In this very playful recording she returns to her musical roots in a new collaboration together with saxophonist Elin Forkelid, guitar player Mattias Torell and Owe Almgren on electric bass.

Unlike Martina's previous album - *This Song of Mine* (2018) - compositions to poems by the Indian-Bengali poet Tagore in a chamber musical tighter form, **PEACE OF MIND** takes off in the collective interaction.

Martina's music serve as an open invitation to communication and improvisation. The listener may experience an ongoing conversation between the four musicians. In *Kindred Spirits*, the soul mates rhythm and melody – drums/guitar and bass/saxophone share parallel and related stories.

Fly Eagle based on a powerful joik, *Tenderfoot Chant* celebrates the Native American music, inspired by the saxophonist Jim Pepper. *Strax före Solnedgången – Just before sunset* – a composition to lyrics by the Swedish poet Werner Aspenström.



Martina Almgren entered the Swedish jazz scene in the late 90s and has through the years been involved in several international collaborations (Zoe Rahman, Laura Macdonald, Nikki Iles, Steve Hamilton to mention a few) and composed commission works for the Swedish Jazz Radio and for contemporary ensembles. For many she is previously known as a colourful leader of Martina Almgren Quartet and the tentett Oh Yeah Orchestra. Martina is also one of the creative leaders of MOZ Trio together with the British pianist Zoe Rahman and Owe Almgren.

Martina Almgren – drums, piano and voice
Elin Forkelid – saxophones

a shining star on the Swedish contemporary jazz scene. Recently received the prestigious award "Jazzkannan 2019" from the Swedish Jazz Association, for innovative efforts in jazz music.

Mattias Torell - guitar

one of the most sought after guitarists in Swedish pop music, (Lisa Nilsson, Erik Gadd, Eagle Eye Cherry).

Owe Almgren – electric bass

With a broad expression he moves effortlessly between genres in big bands as well as in smaller constellations (Jim Beard, Zoe Rahman)

Download press photos and listen to the album here: www.martinaalmgren.com

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www.ohyeahrecords.com
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